

Understanding the role of a Sponsor

Dear Sponsor:

Congratulations on being asked to serve as a Sponsor for a Confirmation Candidate at St. Dominic's Church. The role of a Sponsor at Confirmation is more than ceremonial. Being asked to serve as a Sponsor is an honor and yet a big responsibility. **What does the Church ask of you as a Sponsor?** First, you should consider whether you can allow yourself to be one! In other words, a prospective Sponsor should reflect upon whether or not he/she can make a public profession that the faith we speak in word is also a faith that is being practiced in harmony with the Church.

The role of a Sponsor does not demand that you be a canonized saint. All of us must place ourselves within the mercy of God. Sometimes Catholics who have stopped attending Mass or who rarely receive the Sacraments suddenly find themselves asked to be a Sponsor. If you are in a similar situation, this could be an opportunity to grow in the Spirit and in your faith. If you are not ready to bring yourself to a renewed practice of your faith then ask the relative or friend who asked you to be a Sponsor to let you be excused. Whatever you discern, do so by the grace of God. If we can be of any assistance in your discernment or in nurturing the grace that this occasion provides for you, please let us know.

In Christ,

Lisa Toomey
Confirmation & Teen Ministry Coordinator
St. Dominic's Church
475 East I Street, Benicia, CA 94510
ltoomey@stdombenicia.org
707.335.4697

Confirmation Sponsor Form

Name of **Candidate** for Confirmation: _____

Sponsor Name: _____

Sponsor Requirements

- I am at least 16 years old.
- I am a Roman Catholic who has received the Sacraments of Baptism, Eucharist, and Confirmation. I receive the Sacrament of Reconciliation at least once a year.
- I am a practicing Catholic who attends weekly Mass and Holy Days of Obligation.
- I believe in and live my life according to the teachings of the Church.
- (If currently married) I was married according to the laws of the Catholic Church and am presently living in a valid Marriage.
- I am not the parent of the Candidate for Confirmation.

I, _____, affirm that the above requirements are fulfilled. I recognize that during the Confirmation Mass, I will be called upon to renew the promises of my own Baptism; to reject sin and profess my faith in Jesus Christ. I promise to be the best possible example to my Candidate in word and deed.

Please print.

Sponsor first and last name:

Sponsor street address:

Sponsor city, state:

Sponsor zip code:

Sponsor email address:
