5th Sunday in Ordinary Time
February 9, 2020

Isaiah 58:7-10
Psalm 112:4-5, 6-7, 8-9
1 Corinthians 2:1-5
Matthew 5:13-16

“I am the light of the world, says the Lord”

St. Dominic’s is a Catholic Parish Inspired by Dominican Spirituality Igniting the Faith for the Salvation of Souls

Mass Intentions

Sun 02/09
7:30 am (T) Joseph Peter Lobo
9:00 am (T) Shelly & Anthony Trevino
10:45 am (B) Diane Dawes
12:30 pm (T) People of the Parish
5:00 pm (D) Engelbert Villanueva

Mon 02/10
6:45 am (D) Long Vo
8:15 am (D) Diane Dawes

Tues 02/11
6:45 am (D) Corrine Basilio
8:15 am (D) Barbara Piepho

Wed 02/12
6:45 am (H) Aurora Basilio
8:15 am (D) Valerie Quillin Miller

Thurs 02/13
6:45 am (D) Pam Morin
8:15 am (D) Norma Cumay-Ao

Fri 02/14
6:45 am (T) Jack Curran
8:15 am (T) Michael & Natasha Lobo

Sat 02/15
8:15 am (T) Rolly Tayag
5:00 pm (D) Michelina Bosso

Sun 02/16
7:30 am (D) Teodulo P. Panganiban
9:00 am (D) Fr. Finbarr Hayes, O.P.
10:45 am (D) Luz Navarro
12:30 pm (T) People of the Parish
5:00 pm (D) Fe & Gilbert Lagrimas

Legend: (D) Deceased (H) Health (A) Anniversary (B) Birthday (T) Thanksgiving

Altar Flowers in Thanksgiving Of Kurt & Rexelle Marasigan
When pain is overwhelming

Like many people on Facebook, I learned the next day of the suicide of Fr. Evan Harkins of the Diocese of Kansas City-St. Joseph on January 28, 2020. Fr. Harkins was only 34 and ordained for seven years. The thought that such a young priest took his own life deeply saddened me and was never far from my consciousness for days. I assumed, incorrectly it turns out, that he suffered from depression. I know what it is like to be “in the pit” (as I’ve named my experiences of acute depression), and it hurt my heart to think this young man was so deep in that hell-hole that the only way he saw to get out was to end his life. (I count myself fortunate that in my experience of depression I have never been suicidal.)

“Fr. Evan Harkins was consistent as a joyful, faith-filled, hopeful, dedicated priest. He never experienced depression or despair,” [Bishop Vann] Johnston said. Harkins “walked on the ‘sunny side’ of life,” the bishop added.

He had been experiencing horrible side-effects (including terrible nightmares) of medication he was prescribed for another medical condition he was being treated for, both of which in turn provoked severe anxiety. It seems Fr. Harkins had been suffering greatly from both disease and the side-effects of medications for about a month prior to his death. It was some combination of these that led to his tragic death.

Here are my takeaways:

1. If your doctor or pharmacist tells you there may be side effects to ANY medication you take or you experience side effects: take them seriously and don’t ignore them;

2. If you have a personal or family history of depression, anxiety or bipolar disorder: get familiar with the disease and make sure you have resources easily available to you before you have an acute episode;

3. If you are thinking of taking your own life, talk to someone: a loved one, a mentor, a therapist, your priest, anyone who can share your burden and remind you of the reality that you are not alone in this life. You can also use the National Suicide Prevention Lifeline, (800) 273-8255;

4. Mental illness has the double whammie of often being invisible to non-suffers and stigmatized when it is known. They are real, medical issues. So if someone you love seems “off,” don’t be satisfied with “I’m fine” when you first ask. I can tell you from my own experience: it can almost be as scary as the pain itself to admit to someone else, even someone you love and trust, that you’re not yourself and to begin to accept another’s love and assistance;

5. Offer a prayer, right now, for someone who is considering taking their own life and for the relief of their extreme pain and suffering.

Eternal rest, grant to Fr. Evan, O Lord, and let perpetual light shine upon him and upon all who died by suicide. May his soul, and the souls of all the faithful departed, through the mercy of God, rest in peace!
~ Parish Office Hours ~

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Closed</td>
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<tr>
<td>Tuesday-Friday</td>
<td>9:00 am - 4:00 pm</td>
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<tr>
<td>Closed for lunch (T-F)</td>
<td>12:00 pm - 1:00 pm</td>
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<tr>
<td>Saturday</td>
<td>Closed</td>
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<tr>
<td>Sunday</td>
<td>8:30 am - 1:00 pm</td>
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~ Ministries ~

Adoration Ministry: adoration@stdombenicia.org
Altar Servers: altarservers@stdombenicia.org
American Heritage Girls: AHG@stdombenicia.org
Catholics Returning Home: comehome@stdombenicia.org
Consolation Ministry: consolation@stdomebnicia.org
Dominican Laity: domlaity@stdombenicia.org
Donut Ministry: donuts@stdombenicia.org
Eucharistic Ministers: emhc@stdombenicia.org
GIFT (Growing In Faith Together): gift@stdombenicia.org
Guadalupana: guadalupana@stdombenicia.org
Knights of Columbus: beniciaknights@gmail.com
Lazarus Ministry: lazarus@stdombenicia.org
Lectors: lectors@stdombenicia.org
Men’s Faith & Fellowship: mensfaith@stdombenicia.org
Music Ministry: fortiz@stdombenicia.org
Prayer Line: prayers@stdombenicia.org
RCIA: RCIA@stdombenicia.org
Respect Life: respectlife@stdombenicia.org
Seven Sorrows Rosary: 7sorrows@stdombenicia.org
St. Dominic Cemetery: lew6@comcast.net
St. Vincent de Paul: SVDP@stdombenicia.org

Please pray for the recovery of the sick listed in our Book of Intentions and the following:

- Sister Mary Angela, OP
- Gladys Haddad
- Jim Guinasso
- Max Capurro
- Alma Johnson
- Alice Louie
- Jean Greer
- George Louie
- Sara Smith
- Albert Horvath
- Joe Bosso
- Tim Wade
- Dana Joy
- Bessie Sharp
- Lydia Leveriza
- Jane Gasper

Please remember the following recently deceased (and their families) in your prayers:

- James Lemos
- Maria Alves
- Connie Cavalieri
- Shirley Go
- Tony Donato
- Barbara Piepho
- Jin Chul Kim
- Jose Maria Miramontes
- Michael Powell
- Andrew Koper
- Sister Mary Angela, OP
- Jim Guinasso
- Max Capurro
- Alma Johnson
- Alice Louie
- Jean Greer
- George Louie
- Sara Smith
- Albert Horvath
- Joe Bosso
- Tim Wade
- Dana Joy
- Bessie Sharp
- Lydia Leveriza
- Jane Gasper

Sick or remembrances will be listed for a period of 3 months.

It is good to give.
It is much better to give & be smart!

Those of you who are generous with your financial blessings may have noticed that the 2017 changes to the US tax law resulted in a significant increase to the federal standard deduction. For most folks this makes little or no difference. For some of you it may mean that charitable giving does not offer you the same tax advantage as it did before 2018.

If you are a moderate donor, armed with some information and some planning, you may be able to take advantage of a DONOR ADVISED (charitable) FUND (DAF) to increase your tax benefit while you maintain your current level of giving to St. Dominic’s Church and all other 501(c)(3) charities that you help financially.

If you are interested in more information contact Teresa Stone (tstone@stdombenicia.org) at the parish business office. She can put you in touch with a fellow parishioner (not a salesperson) who will be happy to answer your questions about his recent, positive experience with this financial tool for smarter giving.

RCIA Alumni

Looking for any of the RCIA Alumni readers to participate in the Lenten Stations & Soup Supper on Friday, March 13th. Please contact Shannon Carter RCIA@stdombenicia.org
Please support the following businesses owned by members of our parish community. Their contributions each week underwrite our Parish Bulletin. Thank you!

<table>
<thead>
<tr>
<th>A &amp; S Chem Dry, Anthony &amp; Shelly Trevino</th>
<th>Healthy Options Vending</th>
<th>Passalaqua Funeral Chapel</th>
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<tbody>
<tr>
<td>Serving St. Dominic's Parish for over 20 years! (707) 749-7729</td>
<td>Break room services, coffee &amp; vending. (707) 750-3835, Tery or Shane Carnahan</td>
<td>John Passalaqua/Greg Silva, Directors (707) 745-3130</td>
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<tr>
<th>Amso Healthy Chiropractic</th>
<th>Richard Joyce, O.D. Optometrist</th>
<th>RCS Transports, LLC</th>
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<th>ATS Tax &amp; Financial Solutions Tax</th>
<th>Kindred Spirits Pet/House Sitting</th>
<th>Reyes Electric Co. &amp; Design LIC#32877</th>
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<tbody>
<tr>
<td>Angels to your rescue! Returns/ QB (707) 745-1040</td>
<td>Dorothy Doscher (707) 334-3776</td>
<td>Residential/ Commercial (707) 747-6818</td>
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<tr>
<th>BarocciMotorGroup.com</th>
<th>Law Offices of Randal M. Barnum</th>
<th>Sac's Tasty Hot Dogs</th>
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<tr>
<td>Luxury Lease Returns, Tony &amp; Rita Nino (510) 235-1500</td>
<td>Employment, Personal Injury Litigation (707) 745-3747 Se Habla Español</td>
<td>George &amp; Karolyn Maichel (707) 642-2442, 2445 Springs Rd, Vallejo</td>
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<th>Buddahful Salon</th>
<th>Law Offices of Thomas R. Healy</th>
<th>George Schandelmier Landscaping</th>
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<tr>
<td>Amy Pappas, Owner/Stylist (707) 745-4409, 814 First St.</td>
<td>Wills/Trusts/Estate Planning/General Practice (707) 553-7360</td>
<td><a href="mailto:georgeschandelmier@landscaping.com">georgeschandelmier@landscaping.com</a> (707) 554-2722</td>
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<tr>
<th>Care Network, LLC</th>
<th>Vincent R. Maher, The Maher Law Group</th>
<th>Shutter and More</th>
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<tbody>
<tr>
<td>Home Care Services/Placement Referral (707) 747-2720, Carmen Haban</td>
<td>Certified Specialist Criminal Law (707) 427-2800, 724 Texas St, Fairfield</td>
<td>Bill Simpson, Parishioner (707) 746-8187</td>
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<tr>
<th>Crane Station, Inc.</th>
<th>James M. McVeigh</th>
<th>Teresa Stone- Notary Services</th>
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<tbody>
<tr>
<td>Rex Sevilla - Crane and Electrical Services (800) 891-3888</td>
<td>Certified Public Accountant (707) 746-9604</td>
<td><a href="mailto:tstone@stdombenicia.org">tstone@stdombenicia.org</a> (707) 330-0773</td>
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<tr>
<th>Eagle Vines Realty-American Canyon</th>
<th>Minuteman Press</th>
<th>Touch of Faith Catholic Gift Shop</th>
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<tbody>
<tr>
<td>(707) 373-3139, Ron Banasik Broker/Owner (707) 333-9656, Lisa Guerrera Agent</td>
<td>Copy, Print, Posters &amp; Banners (707) 647-1000, 812 Tennessee St, Vallejo</td>
<td>725 Jefferson St. Fairfield, CA (707) 425-3393, M-F 10-4</td>
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<tr>
<th>Furniture Service &amp; Repair</th>
<th>Mr. Lawn Landscape Service</th>
<th>Tuolumne Street Auto Repair</th>
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<tbody>
<tr>
<td>Charlie H. White, Design/Shopworking (707) 746-0169</td>
<td>Landscaping, Maintenance &amp; Installation (707) 747-5273</td>
<td>John McLaughlin, Parishioner (707) 648-3434</td>
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<tr>
<th>David Galligan, REALTOR Berkshire Hathaway HS Drysdale Properties</th>
<th>Napoli Pizza and Pasta</th>
<th>Up2Code Plumbing</th>
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<tr>
<th>Hamann Real Estate, 513 First Street</th>
<th>Old Capital Lockshop</th>
<th>Warring &amp; Assoc. Realtors</th>
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<tbody>
<tr>
<td>Tim and Jeannie Hamann/Broker-Owners (707) 246-6567 DRE01348061</td>
<td>Automotive Lock Specialist (707) 745-5244</td>
<td>Bill/Diane Brokers/Owners, 829 First St. (707) 746-6990</td>
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<tr>
<th>Olson Realty, Inc.</th>
<th>Water Heaters Express- Robert Gurulé</th>
<th>Bulletin Advertising, Ministry Events, Scheduling &amp; Promotion please email: <a href="mailto:Itelepak@stdombenicia.org">Itelepak@stdombenicia.org</a></th>
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<tbody>
<tr>
<td>Kathleen McInerney Olson/Broker (707) 745-3602</td>
<td>Water Heater Repair and Installation (707) 334-6567</td>
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</tbody>
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EUCHARISTIC ADORATION
CURRENT NEEDS

**WEDNESDAY 5:00 am**
*(Weekly or alternating weeks)*
Call Dennis Hirth @ (707) 747-9609

**WEDNESDAY 9:00 am**
*(Weekly or alternating weeks)*
Call Lydia Pasco @ (707) 656-5109

**WEDNESDAY 10:00 am**
*(Weekly or alternating weeks)*
Call Siane Peters @ (707) 771-0549

**WEDNESDAY 11:00 am**
*(Weekly or alternating weeks)*
Call Diane Dawes @ (925) 963-5373

**SUNDAY 6:00 am or 7:00 am**
*(1st, 2nd, 5th weeks)*
Call John Elizalde @ (707) 567-5515

**SUNDAY 10:00 am**
*(2nd & 4th weeks)*
Call Siane Peters @ (707) 771-0549

**SUNDAY 7:00 pm**
*(Weekly or alternating weeks)*
Call Antonia Gomez @ (707) 567-0658

**Perpetual Eucharistic Adoration Hours:**
Daily Hours: Open to the public 7:00 am – 8:00 pm in the Adoration Chapel

Scheduled Adorer Hours Only: 8:00 pm – 7:00 am in the Adoration Chapel

Parish-wide Eucharistic Adoration: Tuesdays 8:00-9:00 pm in the Church

If you have questions about Eucharistic Adoration, please contact Shirley Cortez @ (707) 208-2004 or Joji Holzwarth @ (707) 704-8779.
TWO FREE SERVICES FOR YOU
You can use these tools to help the Dominicans or St. Dominic’s!

Don’t have a Will?
Visit FreeWill.com/opwest to create one.
Protect your loved ones and assets by using this secure online tool to easily create a last will and testament. Most people finish in about 20 minutes.

Age 70 1/2?
Visit FreeWill.com/qcd/opwest to make a gift from your IRA.
This simple online tool will help you complete the right form for a Qualified Charitable Distribution to the Dominicans or your parish, which can help you meet your Required Minimum Distribution.

FreeWill.com/opwest

Dominican Friars
Province of the Most Holy Name of Jesus

WE’RE PLEASED TO OFFER THESE TOOLS FOR FREE, NO GIFTS TO THE FRIARS ARE REQUIRED.