Third Sunday of Easter
April 26, 2020
Acts of the Apostles 2:14, 22-33
Psalm 16:1-2, 5, 7-8, 9-10, 11
1 Peter 1:17-21
“Lord, you will show us the path of life.”

St. Dominic’s is a Catholic Parish Inspired by Dominican Spirituality
Igniting the Faith for the Salvation of Souls

Mass Intentions

Sun  04/26  7:30 am  (D) Maria Abillar
     9:00 am  (D) Emilio Padua
     10:45 am (D) John & Loreta Lacuesta
     12:30 pm (T) People of the Parish
     5:00 pm  (D) Virginia Gaoaen

Mon 04/27  6:45 am  (D) Maria Bertha Diaz
       8:15 am  (D) Fred Gheno

Tues 04/28  6:45 am  (D) Corrine Basilio
        8:15 am  (D) Victoria Rappa

Wed 04/29  6:45 am  (T) Fr. Brad Elliott, O.P.
        8:15 am  (B) Francis Marie Esquerra

Thurs 04/30  6:45 am  (D) Dolores Magnelli
         8:15 am  (A) Clint & Joji Holzwarth

Fri  05/01  6:45 am  (D) Dan Macariola
       8:15 am  (D) Eileen Novoa

Sat  05/02  8:15 am  (D) Robin Quandt
      5:00 pm  (T) Thomas Thompson

Sun 05/03  7:30 am  (D) Edmundo de Joya
         9:00 am  (D) Burt Strickley
        10:45 am (T) Head Family
        12:30 pm (T) SDS Teachers & Staff
        5:00 pm  (T) People of the Parish

Legend:  (D) Deceased  (H) Health
(A) Anniversary  (B) Birthday  (T) Thanksgiving

For Mass & Flower Intentions
Contact Alisa Aquino
email: aaquino@stdombenicia.org

Celebrating Fr. David

Altar Flowers in Memory
Of Teodora Rodriguez

475 East I Street, Benicia, CA, 94510
(707) 747-7220  www.stdombenicia.org
@stdombenicia #stdominicsbenicia
Quiet and silence

We all need peace and quiet in our lives, and we need it regularly. It not only refreshes the totality of our person, but it also helps us to stay focused on what is important and to let go of what is extraneous. Neuroscience shows rather than being a waste of time or an extravagant luxury, it is an essential part of healthy living. It should come as no surprise then that meditative practices are part of every major religion, including Catholic Christianity. However, we Catholics need to break our ingrained, misguided idea that quiet prayer and meditation is only for cloistered monks and nuns. It is for everybody!

For me, my time is early in the morning. I usually get up between 4:30 and 5:00 so I can run, walk, or otherwise exercise, shower, have a cup of coffee and do my Holy Hour before joining the other friars for Lauds (morning prayer). I have learned about myself (by "much" trial and error) that if I don’t get it done early in the morning, it is almost guaranteed not to happen. That is the first important lesson in searching for quiet time: finding that time when you are most receptive and most likely to follow through.

One of the things I appreciate most about being outside so early is the dearth of human noises and the abundance of nature sounds like waves, birds, insects, and, in one place, frogs. These natural sounds help me to connect viscerally with the cool air, the moonlight, and the subtle, beautiful sky with its ever-changing tapestry of clouds, sky and stars. These keep the internal chatter that inevitably fills my mind once my “work” day begins at the distant edges of my awareness. They are present, but the symphony of the outdoors and the canvas of the view have a gentle, peaceful way of staying at the forefront of my attention, without being obnoxious or aggressive, like the chatter can be.

This quiet prepares me for the silence of my Holy Hour. This is my time simply to be with Our Lord Jesus in the Eucharist, to be like Mary of Bethany and simply sit at the feet of the Divine Master. Some mornings, I really have to work at keeping my worries (real and perceived), thoughts (noble and banal), plans, disappointments, and the countless other things that fill my brain at bay. Other mornings, the quiet from outside follows me into the chapel. After all, this is why meditation is called practice: we need to work at it! Nevertheless, sounds come in too, usually one of my Dominican brothers coming down into the kitchen for his first cup of coffee. The trick is to let them go just a quickly as they came. I need to resist the temptation to engage in the chatter. (Oh X., don’t leave that dirty spoon on the counter! Etc., etc.) Again, this is part of the practice: simply allowing those things I have no control over simply to be present - not stealing my attention - while my awareness is on the Lord. If my attention does wander, I bring it back to Jesus’ Presence simply and without reproach.

I hope finding or strengthening your own quiet and silent time is something you have done during these days when all of our routines have been disrupted. If you haven’t, I encourage you to start. Working on your practice of quiet and silence can be one of the unexpected gains you take from this time. Once that time is a treasured part of your day and you feel its benefits, it will then be something you don’t give up easily.

Fr. Carl Schlichte, O.P.
frcarl@stdombenicia.org   707-335-4668
SVdP Giving

As a Community of Faith, we are being tested by the COVID-19 pandemic. Despite these challenges, we remain committed to serving the poor and needy neighbors in our Community. We want you to know that our St. Vincent de Paul Conference will never waiver in our common fellowship with you, and with our neighbors in the Benicia community.

Please help us stock our pantry. We are in need of mayo, tuna, peanut butter, jelly, pasta, pasta sauce, rice, canned vegetables, canned fruit, soups, beef stew, cereal, pancake mix, syrup, fruit cups, etc. Please check for expiration dates on donated food, we are not able to share anything expired with our community. Donations may be dropped off in the vestibule of the church in the St. Vincent de Paul bin. Thank you for your generosity.

Until Masses resume:
Please Donate Online at stdombenicia.org to SVdP Fund.
Mail a Check to SVdP c/o St. Dominic’s at 475 East I Street, Benicia, CA 94510
If you or anyone you know who could use St. Vincent de Paul’s help, please call 707-746-1773.

Now accepting applications!

St. Dominic School
BENICIA, CA
SDSwelcome.com

Knights’ Scholarships

For ANY 8th Grade Student of the Parish
- public, parochial, charter or home-school
- who will continue at a Catholic High School
- who meets the requirements
- $500 each to the TOP 2 Applicants

For ANY 6th-12th Grade Student of a Fr. Vilarrassa Council Knight of Columbus
- public, parochial, charter or home-school
- who meets the requirements
- $500 each to the TOP 6th-8th Grade and 9th-12th Grade Applicants
Applications available by contacting the Knights at BeniciaKnights@gmail.com.

DEADLINE EXTENDED – JUNE 1, 2020

Please pray for the recovery of the sick listed in our Book of Intentions and the following:

John Flanagan
Sister Mary Angela, OP
Margaret McClune
Alma Johnson
Jean Greer
Sara Smith
Joe Bosso
Lydia Leveriza
Gladys Haddad
Alice Louie
Albert Horvath
Bessie Sharp
Jane Gasper

Please remember the following recently deceased (and their families) in your prayers:

Lorenzo Quizon, Flordeliza Escalada, Joe Thornton, Isaura Cabral, Harland Hall, Jacobo Uy, Anthony Sylvester, Robin Quandt, Judy Ann Hall, Joseph Hurst, Teresa “Tess” Porter, Leroy Howell, Jim Guinasso, Eileen Novoa, James Lemos, Maria Alves, Connie Cavalieri, Shirley Go, Tony Donato, Barbara Piepho

Sick or remembrances will be listed for a period of 3 months

Thank You

To all those who have signed up for online giving, and continue to dropped off or mailed in donations.

Scholarship Opportunity for Nursing Students

To honor their loving wife and mother, the Carl Family has established the Lois Anne Carl Memorial Nursing Scholarship for students who attended St. Dominic School and are currently in an accredited RN program, or in the last two years of their BSN program.

If you or someone you know is interested, scholarship packets can e mailed by contacting Teresa Stone at tstone@stdombenicia.org. The application deadline is April 30, 2020.

Questions regarding the scholarship can be directed to Kristin Schriber at kac9470@sbcglobal.net.
Celebrating Fr. David
Thank you
Parade of Parishioners!
Please support the following businesses owned by members of our parish community. Their contributions each week underwrite our Parish Bulletin. Thank you!

<table>
<thead>
<tr>
<th>Business Name</th>
<th>Contact Information</th>
<th>Parish Office Hours</th>
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<tr>
<td>A &amp; S Chem Dry, Anthony &amp; Shelly Trevino</td>
<td>Serving St. Dominic’s Parish for over 20 years! (707) 748-7726</td>
<td>Temporarily Closed</td>
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<tr>
<td>Healthy Options Vending</td>
<td>Break room services, coffee &amp; vending. (707) 750-3835, Tery or Shane Carnahan</td>
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<td>Passalacqua Funeral Chapel</td>
<td>John Passalacqua/Greg Silva, Directors (707) 745-3130</td>
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<td>All Souls Cemetery &amp; Funeral Center FD2286</td>
<td>707-644-5209 cfcSacramento.org</td>
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<td>Richard Joyce, O.D. Optometrist</td>
<td>Exams, Glasses, Contacts (707) 745-6266, 874 Southampton Rd.</td>
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<td>RCS Transports, LLC</td>
<td>Non-Emergency Medical Transport (707) 557-3781 / (707) 315-4652</td>
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<td>Amso Healthy Chiropractic</td>
<td>310 Military West (707) 752-2990</td>
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<td>Kindred Spirits Pet/House Sitting</td>
<td>Dorothy Doscher (707) 334-3776</td>
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<td>Reyes Electric Co. &amp; Design LIC#32877</td>
<td>Residential/ Commercial (707) 747-6818</td>
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<td>ATS Tax &amp; Financial Solutions Tax</td>
<td>Angels to your rescue! Returns/ QB (707) 745-1040</td>
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<td>Law Offices of Randal M. Barnum</td>
<td>Employment, Personal Injury Litigation (707) 745-3747 Se Habla Español</td>
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<td>Sac’s Tasty Hot Dogs</td>
<td>George &amp; Karolyn Maichel (707) 642-2442, 2445 Springs Rd, Vallejo</td>
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<td>BarocciMotorGroup.com</td>
<td>Luxury Lease Returns, Tony &amp; Rita Nino (510) 235-1500</td>
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<td>Law Offices of Thomas R. Healy</td>
<td>Wills/Trusts/Estate Planning/General Practice (707) 553-7360</td>
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<td>George Schandelmier Landscaping</td>
<td>georgeschandelmierjrlandscaping.com (707) 554-2722</td>
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<td>Buddahful Salon</td>
<td>Amy Pappas, Owner/Stylist (707) 745-4409, 814 First St.</td>
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<td>Vincent R. Maher, The Maher Law Group</td>
<td>Certified Specialist Criminal Law (707) 427-2800, 724 Texas St, Fairfield</td>
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<td>Shutters and More</td>
<td>Bill Simpson, Parishioner (707) 746-8187</td>
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<td>Care Network, LLC</td>
<td>Home Care Services/Placement Referral (707) 747-2720, Carmen Haban</td>
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<td>James M. McVeigh</td>
<td>Certified Public Accountant (707) 746-5604</td>
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<td>Teresa Stone- Notary Services</td>
<td><a href="mailto:tstone@stdombenicia.org">tstone@stdombenicia.org</a> (707) 330-0773</td>
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<td>Crane Station, Inc.</td>
<td>Rex Sevilla–Crane and Electrical Services (800) 891-3888</td>
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<td>Minuteman Press</td>
<td>Copy, Print, Posters &amp; Banners (707) 647- 1000, 812 Tennessee St, Vallejo</td>
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<td>Touch of Faith Catholic Gift Shop</td>
<td>725 Jefferson St. Fairfield, CA (707) 425-3393, M-F 10-4</td>
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<td>Eagle Vines Realty-American Canyon</td>
<td>(707) 373-3139, Ron BanasikBroker/Owner (707) 333-9656, Lisa Guerrero Agent</td>
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<td>Mr. Lawn Landscape Service</td>
<td>Landscaping, Maintenance &amp; Installation (707) 747-5273</td>
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<td>Tuolumne Street Auto Repair</td>
<td>John McLaughlin, Parishioner (707) 648-3434</td>
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<td>Furniture Service &amp; Repair</td>
<td>Charlie H. White, Design/Shopworking (707) 746-0169</td>
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<td>Up2Code Plumbing</td>
<td>Owner Mike Pita - 24 hour service (707) 751-1714</td>
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<td>David Galligan, REALTOR Berkshire</td>
<td>Hathaway HS Drysdale Properties (707) 319-5397 Call/Text DRE00847290</td>
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<td>Old Capital Lockshop</td>
<td>Automotive Lock Specialist (707) 745-5244</td>
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<td>Warrinng &amp; Assoc. Realtors</td>
<td>Bill/Diane Brokers/Owners, 829 First St. (707) 746-6990</td>
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<td>Hamann Real Estate, 513 First Street</td>
<td>Tim and Jeannie Hamann/Broker-Owners (707) 246-6567 DRE01348061</td>
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<td>Olson Realty, Inc.</td>
<td>Kathleen McNerney Olson/Broker (707) 745-3602</td>
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<td>Water Heaters Express- Robert Gurulé</td>
<td>Water Heater Repair and Installation (707) 334-6567</td>
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Parish Office Hours Temporarily Closed

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This simple online tool will help you complete the right form for a Qualified Charitable Distribution to the Dominicans or your parish, which can help you meet your Required Minimum Distribution.

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